

**TABLE 1.1 Distribution of Overseas Filipino Workers  
by Sex and Region: 2014**

Region	Both Sexes	Male	Female
<b>Philippines</b>	<b>2,320</b>	<b>1,149</b>	<b>1,170</b>
Number (In thousands)			
Total	100.0	100.0	100.0
National Capital Region	10.5	12.5	8.6
Cordillera Administrative Region	2.2	1.6	2.9
I - Ilocos Region	8.2	6.4	9.9
II - Cagayan Valley	6.7	3.9	9.5
III - Central Luzon	15.5	18.6	12.4
IVA - CALABARZON	17.9	20.7	15.1
IVB - MIMAROPA	2.1	2.5	1.6
V - Bicol Region	3.4	3.3	3.6
VI - Western Visayas	8.6	8.4	8.7
VII - Central Visayas	6.5	8.8	4.4
VIII - Eastern Visayas	1.1	1.2	1.1
IX - Zamboanga Peninsula	2.6	2.3	2.9
X - Northern Mindanao	3.4	3.3	3.6
XI - Davao Region	2.7	1.5	3.9
XII - SOCCSKSARGEN	4.6	2.3	6.9
Caraga	2.0	1.8	2.1
Autonomous Region in Muslim Mindanao	1.8	1.0	2.7

*Notes:* Details may not add up to totals due to rounding.

The estimates cover overseas Filipinos whose departure occurred within the last five years and who are working or had worked abroad during the past six months (April to September) of the survey period.

The province of Leyte was not covered in 2014 SOF.

*Source:* Philippine Statistics Authority, *2014 Survey on Overseas Filipinos*